



Swim Lessons
Fitness
Public Swim

ELKFORD AQUATIC CENTRE POOL SCHEDULE

May 13 - July 1, 2018

Phone: 250.865.4012 • Web: www.elkford.ca • Email: pool@elkford.ca

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shallow Aquafit 9:30 - 10:15	Ease the Knees 9:30 - 10:15		Bootcamp Aquafit 9:30 - 10:15	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <h3>Giant Tube/ Water Walkway Day:</h3> <p>1st Saturday of each month: 2:30 to 5:00 pm.</p> </div>	
Preschool Swim Lessons 9:30 - 10:30	Craft 'N' Splash 9:30 - 11:00		Preschool Swim Lessons 9:30 - 10:30		
Stroke Improvement 10:30 - 11:15					
Public & Lane Swim 10:30 - 12:00	Public & Lane Swim 10:30 - 12:00		Public & Lane Swim 10:30 - 12:00		
Public Swim (1 lane available) 12:30 - 3:00	School Swim Lessons 12:30 - 3:00	School Swim Lessons 12:30 - 3:00	Public Swim (1 lane available) 12:30 - 3:00	Triathlon Training 1:30 - 2:30	Family Swim & Swim Lessons 1:30 - 2:30
Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Public Swim 2:30 - 5:00	Public Swim 2:30 - 5:00
Lane Swim 4:00 - 5:00	Lane Swim 4:00 - 5:00				
<div style="border: 2px solid black; padding: 10px;"> <h3>Did You Know?</h3> <p>If a public swim is quiet, 1 lane is available.</p> <p>Inquire with the Lifeguard on duty.</p> </div>		Lane swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00
		Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00	

Note: The Elkford Aquatic Centre is closed on Mondays & Statutory Holidays.

Schedule is subject to change.

Public Pool Safety - Children Under 7 Years of Age

In accordance with the Provincial guidelines for swimming pools, children under the age of 7 require a responsible person, 16 years of age or older, to accompany them in the water and be within arms' reach at all times. Lifejackets DO NOT substitute for adult supervision.

Please note: Patrons will be asked to leave the pool 10 minutes prior to closing.